

iLead

A FOUR-WEEK COURSE FOR SOCIAL INNOVATION

THE CHANGEMAKER

Transforming Ideas into Action



WINTER 2025

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WELCOME

Welcome to *The Changeloger: Transforming Ideas into Action*.

In a world that often prioritizes individual success over collective wellbeing, we're building a community of leaders committed to shifting this paradigm. The Changeloger Programme is your gateway to transformative social impact, combining deep spiritual wisdom with practical innovation skills.

As one of 40 carefully selected Muslim professionals, you're embarking on a comprehensive 4-week journey that begins with an immersive 3-day retreat. This foundation sets the stage for a month of growth, learning, and meaningful connection with fellow changemakers. Your Journey Includes:

Our signature 3-day residential retreat creates the space for profound personal development through interactive workshops, team challenges, physical activities, and spiritual reflection. Here, you'll forge bonds with fellow participants who share your vision for positive social change.

Following the retreat, you'll engage in:

- Weekly expert-led webinars exploring social innovation
- Practical online learning modules
- A hands-on 30-day changemaker challenge
- Access to a private discussion forum for ongoing collaboration
- Regular peer networking opportunities

Through this programme, you'll develop:

- The skills to design and implement community initiatives
- A toolkit for social innovation and sustainable impact
- Enhanced leadership capabilities
- A deep understanding of how Islamic principles can guide social change
- A powerful network of like-minded professionals

This programme is designed for courageous individuals who embrace diverse perspectives and are ready to take thoughtful action. You'll learn through experience, collaboration, and structured guidance, all while being supported by a community that shares your commitment to positive change.

We're honoured to be part of your leadership journey and look forward to witnessing the impact you'll create. Let's begin this transformative experience together.

The Changeloger Team



YOUR CHANGEMAKER JOURNEY

Our exclusive four-week programme is designed to nurture your spiritual growth in a supportive, immersive environment. Here's what you will experience:

3-Day Immersive Retreat

Kickstart your journey with a rejuvenating weekend of social activism among like-minded individuals.

4 Expert-led webinars

Learn from the stories of Impact makers. Apply lessons to your own journey of becoming a changemaker.

Mentorship Opportunities

Partner with other changemakers for motivation and accountability during your 30-day changemaker challenge.

30-Day Changemaker Challenge

Commit to growth with a bespoke month-long challenge tailored to your social change project.

4-Week online learning modules

Access self-paced modules anytime, anywhere. Benefit from personalised tutor feedback to enhance your learning.

Private Discussion Forum

Connect with fellow participants in a safe, private space. Discuss common concerns and support each other's personal growth.



RETREAT & WEBINARS TOPICS

1. The Changemaker: Vision, Mission, Values, Qualities and Attributes, Skillsets
2. Islamic Principles of Change
3. Prophet Muhammad: The Model Changemaker
4. Ethics in social innovation
5. Contemporary Muslim changemakers
6. Community Project Development
7. Project planning and management
8. Impact assessment
9. Resource mobilisation
10. Professional Skills
11. Strategic thinking
12. Stakeholder engagement
13. Digital tools for social impact
14. Lessons from contemporary Muslim Changemakers



30-DAY CHANGEMAKER CHALLENGE

Overview

This 30-day challenge is designed to help you take your project from concept to action. After participating in a 3-day retreat, you will work with others to implement the first phase of your project by the end of 30 days. This structured approach ensures accountability and tangible progress.

Day 1-3: Retreat and Project Planning

- Activities:
 - Attend workshops to refine your vision and project idea.
 - Collaborate with your team to draft an action plan.
 - Define your first-phase goals and identify key resources.
- Deliverables:
 - A completed action plan.
 - Assigned roles and responsibilities within your team.

Week 1: Laying the Foundation

- Focus Areas:
 - Conduct initial research and gather feedback from stakeholders.
 - Secure necessary resources (e.g., funding, tools).
 - Finalize timelines and set milestones.
- Worksheet: Use "Stakeholder Mapping" and "Resource Assessment" to track progress.

Week 2: Prototyping and Testing

- Focus Areas:
 - Develop a prototype or pilot version of your solution.
 - Test your idea with a small group of stakeholders.
 - Collect and analyze initial feedback.
- Deliverables:
 - A prototype or pilot project.
 - Documented feedback and insights.

Week 3: Refining and Scaling

- Focus Areas:
 - Incorporate feedback to refine your project.
 - Begin expanding your outreach and engaging more stakeholders.
 - Monitor progress against your timeline.
- Worksheet: Use "Feedback Loops" to track iterative improvements.



30-DAY CHANGEMAKER CHALLENGE

Week 4: Implementation and Reflection

- Focus Areas:
 - Launch the first phase of your project.
 - Measure initial impact and document outcomes.
 - Reflect on lessons learned and plan for the next phase.
- Deliverables:
 - A completed first phase.
 - Impact report and next steps.

Final Reflection and Celebration

- Activities:
 - Share your achievements with your team and the larger community.
 - Reflect on personal and project growth.
 - Celebrate milestones and set goals for the future.
- Worksheet: Use "Measuring Impact" and "Celebrating Wins" to document your journey.

BIOGRAPHIES

PROFESSOR DEAN MOHAMEDALLY

A distinguished academic in Computer Science at University College London (UCL), specializing in Software Engineering and Industry Projects. As a key member of the Software Systems Engineering group in the Department of Computer Science, his work bridges the gap between academic learning and industry application.

Professor Mohamedally is the author of the globally recognized Industry Exchange Network (IXN) methodology, a pioneering framework that integrates industry-led proof-of-concept initiatives into degree-level education. Through the IXN, he has cultivated partnerships that align academic goals with real-world industry needs, benefiting students, educators, and businesses alike. His methodology has been adopted nationally as part of the UK Government's National Framework for IXNs, which he co-chairs.

At UCL, he co-founded and directs the UCL IXN programme, a flagship initiative noted in the NHS England Topol Review for advancing early R&D in healthcare. Under his leadership, this programme has enabled over 500 student-led projects addressing healthcare challenges, and its impact extends across multiple sectors.

Professor Mohamedally also leads collaborations with major organizations, including Microsoft, to advance software publishing and innovation. He mentors students in creating open-source solutions and advancing technologies in areas like AI, NLP, healthcare, and accessibility. His work has earned recognition for fostering entrepreneurial thinking, diversity in education, and interdisciplinary problem-solving.

As a Fellow of the Higher Education Academy and a member of the British Computing Society, Professor Mohamedally's dedication to education is evident in his commitment to constructionist and problem-based learning approaches. His legacy includes equipping the next generation of changemakers to develop practical, impactful solutions for societal challenges.

DR MUHAMMAD WAJID AKHTER

Dr. Muhammad Wajid Akhter is a medical doctor. He is also the founder of a variety of multi-national projects including Charity Week for orphans and children in need, FIMA Lifesavers and the co-founder of the Islamic History Channel. A former Assistant Secretary General of the Muslim Council of Britain, he is also a founding member of the British Islamic Medical Association (BIMA) and the Faculty of Medical Leadership and Management. Dr Wajid lectures in Social Media and the History of Medicine at London Medical Schools. His passions include history, public speaking, building teams and travelling.

BIOGRAPHIES

SHAYKH NURUDEEN LEMU

Nurudeen Lemu is the Director of Research and Training at the Da'wah Institute of Nigeria, Islamic Education Trust in Nigeria. He develops, facilitates and conducts train-the-trainer courses in enhancing inter-faith dialogue and engagement, intra-faith cooperation, building resilience against various forms of religious extremism among Muslims, and promoting faith-based critical thinking (*'Shari'ah Intelligence'*). Nurudeen is a director of several organisations including Lotus Capital (Halal Investments) Limited, the Development Initiative of West Africa, the Almajiri Child Rights Initiative and ICICE-Al-Noor Academy. He is also a co-founder of the Inter-Faith Activity and Partnership for Peace, and the Regional Centre of Expertise, Minna which focuses on education for sustainable development.

HAFIZ NAVEED IDRIS

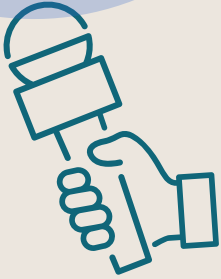
Based in West Yorkshire, Hafiz Naveed completed Hifz at the age of 13, completed Diploma in Arabic and studied Islamic sciences in Damascus, Law Degree (LLB Hons), MA in Religion and Education in Contemporary Society, PGCE, NPQH, NPQEL, Headteacher of the year TES Awards (2019), involved in Scouts, District Commissioner (Joint) for Halifax, Weekend Arabic School, system leadership in education. Awarded OBE for education services (2020) Council member of BBSI (British Board of Scholars and Imams), Translator of *The Argument*, published by Sang -e-Meel.

DR RIZA MOHAMMED

A Trauma and Orthopaedic Surgeon by profession, he is a member of the Faculty of Academic and Clinical Educators, UK and provides clinical and educational supervision for medical students from the University of Liverpool. His interest lies in community development through leadership, education and training. His current leadership roles include executive board member of EAQS (European Academy of Quranic Studies), Trustee of the Islamic Foundation, UK and Chairman of the Caribbean Muslim Network (a body serving the needs of Muslim organisations in 35 Caribbean islands and countries). His publications include *Lots to Do: An educational book for Muslim Children*, *Journey Through Islam*, *Islam: The Way of Revival*, *Islamic Workers Training Manual* (2 volumes) and *In the Early Hours: Reflections on spiritual and self development* (editor).

LOCATION

MARKFIELD CONFERENCE CENTRE



The retreat will be held at Markfield Conference Centre, set in the countryside of the heart of rural England. This campus offers voluntary and youth groups and community organisations an ideal venue for social events and workshops. There is secure parking on-site & a prayer hall for men & women. WiFi is also available onsite.

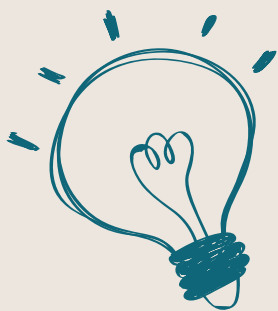
RESIDENTIAL ACCOMMODATION

The Islamic Foundation owns and runs a self-contained residential facility within its complex. The accommodation has 44 single rooms in two residential blocks. The bedrooms are comfortable and simply furnished, and 8 of the room have ensuite facilities. All floors have toilets and shower facilities.

Each of the two residential blocks has a lounge with fully-fitted kitchen that provides coffee/tea or refreshment making facilities.



ABOUT THE ISLAMIC FOUNDATION



A charity established in UK in 1973, dedicated to research, publishing, education, community support and inter-faith dialogue. Set amidst almost 10 Acres in Markfield, it provides a tranquil environment for studying. The site houses a Masjid, an extensive library, a residential conference centre and a bookshop.



THINGS TO BRING

■ **LAPTOP, MOBILE PHONE AND DEVICE CHARGERS**

■ **TOILETRIES AND MEDICATION**

■ **WATER BOTTLE AND MUG**

We are trying to reduce single-use plastic as much as we can!

■ **TOWEL**

Every room has 1 pillow case, duvet and bed sheet

■ **NOTEBOOK AND PENS**

A workbook will be provided but feel free to bring a notebook if you want to make extra notes!

■ **WARM CLOTHING**

Including a warm winter jacket!





RETREAT MENU

Please see details of the retreat menu. Special items will be provided for those with allergies and other dietary requirements.

Friday Dinner

Chicken curry with potatoes,
boiled rice, salad, pita bread

Saturday Breakfast

Boiled eggs, hummus, bread, butter,
jam, beans, cereals, coffee, tea

Saturday Lunch

Lamb Biryani, Raita, Salad,
fresh fruit, cake

Saturday Dinner

Tandoori chicken, salad, veg rice,
veg curry, Kebab, fresh fruit, pita
bread

Sunday Breakfast

Boiled eggs, hummus, bread, butter,
jam, beans, cereals, coffee, tea

Sunday Lunch

Chicken and chips, Salad,
fresh fruit, cake



RETREAT TIMETABLE

FRIDAY 14TH FEB 2025

7.00pm to 7.30pm

Arrival; Salah; Registration;
Accommodation allocation

7.30pm to 8.15pm

Dinner

8.15pm to 8.45pm

Introduction, Learning Outcomes
& Ice-breaker

8.45pm to 10.00pm

The Changemaker Mindset

RETREAT TIMETABLE

SATURDAY 15TH FEB 2025

5.15am to 5.30am	Wake Up; Preparation for Prayer
5.30am to 6.00am	Salatul Fajr & Nasiha
6.00am to 7.30am	Break
7.30am to 8.30am	Breakfast
8.30am to 9.00am	Team Building Exercise
9.00am to 10.30am	Changemaker Workshops
10.30am to 10.45am	Tea Break
10.45am to 12.30pm	Changemaker Workshops
12.30pm to 1.30pm	Lunch
1.30pm to 2.00pm	Salatul Zuhr/Asr and Nasiha
2.00pm to 4.00pm	Options: Sports/Prayer Demonstration/ Networking/Mentoring
5.15pm to 5.45pm	Salatul Maghrib/Isha & Nasiha
5.45pm to 7.15pm	Changemaker Workshops
7.15pm to 8.15pm	Dinner
8.00pm to 9.00pm	Stories of Social Innovation
9.00pm to 10.00pm	Networking / Mentoring

RETREAT TIMETABLE

SUNDAY 16TH FEB 2025

5.15am to 5.30am	Wake Up; Preparation for Prayer
5.30am to 6.00am	Salatul Fajr & Nasiha
6.00am to 7.30am	Break
7.30am to 8.30am	Breakfast
8.30am to 9.00am	Team Building Exercise
9.00am to 10.30am	Changemaker Workshops
10.30am to 10.45am	Tea Break
10.45am to 12.30pm	Changemaker Workshops
12.30pm to 1.30pm	Lunch
1.30pm to 2.00pm	Salatul Zuhr/Asr and Nasiha
2.00pm to 4.30pm	Changemaker Group Projects Presentation
4.30pm to 5.00pm	Closing session, evaluation, departure

SATURDAY FAJR

SPIRITUALITY OF A FAITH-INSPIRED CHANGEMAKER - THE WHY

'And they give food—despite their desire for it—to the poor, the orphan, and the captive, 'saying to themselves,' "We feed you only for the sake of Allah, seeking neither reward nor thanks from you. We fear from our Lord a horribly distressful Day." So Allah will deliver them from the horror of that Day, and grant them radiance and joy, and reward them for their perseverance with a Garden 'in Paradise' and 'garments of' silk.' (76:8-12)

SATURDAY ZUHR

THE CHANGEMAKER 'ASR MODEL

'By time. Indeed the human being is in a state of loss - except those who have believed and done righteous action and counsel one another to truth and counsel each other to patience.' (103:1-3)

SATURDAY MAGHRIB

THE CHANGEMAKER'S DEEP CONNECTION WITH ALLAH

'Abdullah bin 'Abbas(ra) said: One day I was riding (a horse/camel) behind the Prophet ﷺ when he said, 'Young man, I will teach you some words. Be mindful of God, and He will take care of you. Be mindful of Him, and you shall find Him at your side. If you ask, ask of God. If you need help, seek it from God. Know that if the whole world were to gather together in order to help you, they would not be able to help you except if God had written so. And if the whole world were to gather together in order to harm you, they would not harm you except if God had written so. The pens have been lifted, and the pages are dry.' (Tirmidhi)

SUNDAY FAJR

THE 'WHAT' AND TOOLS OF CHANGE

Abu Sa'id al Kudri narrates: I heard the messenger of Allah say: 'If any one of you sees something wrong, let him change it with his hand; if he cannot, then with his tongue; if he cannot, then with his heart and this is the weakest level of faith.' (Muslim)

SUNDAY ZUHR

HOW THE CHANGEMAKER WINS HEARTS AND MINDS

Abdullah ibn Salaam said that the first words of the Prophet in Madinah was: 'O people! Spread the peace, feed others and pray in the night while the sleeping; you will enter paradise with the greeting of peace.' (Tirmidhi)



FAQS

- **Who are the organisers?**

iLead is a global youth leadership programme.

In a world seeking visionary leaders, iLead offers a transformative journey for the next generation of Muslim leaders. We provide the tools to lead with ethics and compassion, fusing faith-inspired values with contemporary leadership principles.

Join us on the path to becoming a visionary, compassionate, and impactful leader, shaping the future of ethical leadership.

Visit our website ileadpro.org.

- **Is it mixed or segregated?**

Male & female will have separate living arrangements. Sessions and other activities will generally have separate seating in the same room.

But some activities may be gender-specific. Our participants are taught and expected to uphold Islamic values when it comes to interaction with the opposite gender.



- **Can I stay in my own accommodation?**

Yes! Although we provide accommodation at the Markfield's Campus, if you prefer to book your own stay nearby - that is completely fine. For more info or help, you can email us on hello@tylp.org.

- **Do I have to stay for the full 3 days?**

It is highly recommended that you stay for the full duration, because we want each attendee to get the best out of the retreat. But if you can only make it for one day or two, we will understand. However, we won't be able to lower the price. Please inform our team if you haven't already.

- **Can I bring children?**

Although we're keen for the future generation to get involved, this retreat is for adults from the age of 18+ years.

- **Can iLead help organise transport?**

Everyone is required to make their own way. There are buses and taxis easily available from Leicester and Loughborough train stations to Markfield.

- **Is the retreat recorded?**

All events will be video recorded. Our professional photographer will also be taking individual and group photos. Video recording and photos will be used on social media.



GETTING HERE

There are various ways to travel to the venue.

By Car:

Ratby Lane, Markfield, LE67 9SY (free parking is available on-site)

By Train & Taxi:

The nearest train stations are:

- Leicester North Train Station (followed by 17 mins drive)
- Loughborough Train Station (followed by 20 mins)
- Leicester Train Station (followed by 22 mins drive)

By Bus:

Buses from Leicester run approx. every 40 mins from St. Margaret's bus station, no.29.

It takes you to the village and it's a short walk from there.

Note:

iLead does not provide transport from the train station to Markfield. We suggest you car share with other participants and take an Uber taxi.

CONTACT US

We look forward to welcoming you to the retreat!



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www.ileadpro.org



ileadcourses@gmail.com



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